Patrol 1 - Stephanie

Bisquick Shake & Pour

Bkfst 1) bacon, pancakes, ~~bagels~~ ~~[illegible]~~ ~~[illegible]~~ ~~cinammon rolls~~ hot chocolate

milk

2) cereal & fruit (strawberries, bananas, apples, cuties grapes)
instant oatmeal

milk

Lunch 1) ~~[illegible]~~
bread, peanut butter, jelly, mayo, mustard, lunch meats, cheese

snacks:
energy gummies
granola bars
rice krispies
potato chips/ assorted chips
veggie straws

Dinner 1) pasta (alfredo & chicken on the side)

lemonade powder
bagged cesar salad
hawaiin rolls
~~[illegible]~~
oreos

8ppl for 2 Bkfst & 1 Lunch

5ppl for Dinner

TROOP 1